



NCL Training Hub Diamond Moment® Exemplar Site



Diamond Moments®

Harnessing our brilliance through restorative reflection

Come and shine a light on the awesome contribution nurses are making across the North Central London, Primary Care and Adult Social Care



We are part of an amazing profession, one that is unique, precious and comes in all different shapes and sizes. Similar to diamonds.

As a profession we need to own our narrative and share our stories. There is scope for us to reflect, as nurses, on the best of what we do and achieve, on so many levels, as a way of articulating what nursing is.

Reflection is central to our profession. We can use opportunities to actively reflect, bringing awareness and insight into, what is the essence of nursing for each of us. Taking time to connect or re-connect with what 'feeds', motivates and restores us as professionals. Finding and celebrating what brings us joy. Connecting with our Diamond Moments®.

Diamond Moment® Facilitator Training.

We have built a suite of resources to empower nurses to individually and collectively treasure their Diamond Moments® and create more.

This interactive, fun half-day workshop will empower you to use these tools, to support nurses to actively reflect and connect with them at their best, surrounded by others at their best, recognising the unique impact of the profession.

Book your space



NEW DATES

- Thursday 4th June - 9:30-13:00 - Online MS TEAMS
- Tuesday 30th June - In person - 13:00-16:30 - Wood Green, N22 7TY

<https://forms.office.com/e/gbFRcDyaZN>

Any questions email
talk@develop-to-thrive.com

If you are **curious** and want to find out more, Grab a cuppa and watch our 10 minute recording.
Learn how together as nurses we shine bright like diamonds.

<https://develop-to-thrive.com/dm-harnessingourbrilliance/>

